

Lost in translation (Resilience)

- A characteristic that has been lost
- Our comfort has become not only a desire but an expectation
- Parents want to protect their kids from anything that could harm them
- Eliminate anything that causes discomfort
- Safe zones

Definition of resilience:

- Able to withstand adversities that come our way
- Ability to withstand and to adapt well in the face of adversity, tragedy, and significant sources of stress.

Hebrews 11:33–40, 12:1–3(NIV) *33 who through faith conquered kingdoms, administered justice, and gained what was promised; who shut the mouths of lions, 34 quenched the fury of the flames, and escaped the edge of the sword; whose weakness was turned to strength; and who became powerful in battle and routed foreign armies. 35 Women received back their dead, raised to life again. **There were others** who were tortured, refusing to be released so that they might gain an even better resurrection. 36 Some faced jeers and flogging, and even chains and imprisonment. 37 They were put to death by stoning; they were sawed in two; they were killed by the sword. They went about in sheepskins and goatskins, destitute, persecuted and mistreated— 38 the world was not worthy of them. They wandered in deserts and mountains, living in caves and in holes in the ground. 39 These were all commended for their faith, yet none of them received what had been promised, 40 since God had planned something better for us so that only together with us would they be made perfect.*

1. Why do Christians need to be resilient? –the world we are born into

- A. Why is there a war?—A broken world
- B. Doing the right thing is going against the stream in many cases
 - We will not always win-- even those who won had to get back up –without resilience there is no winning
- C. Discipleship requires us to learn to deal with adversity –RESILIENCE
- D. We must learn how to Stand firm, Be Resilient – Perseverance (synonyms)
- E. Following, being changed by, committed to the mission of Christ puts us facing the wrong direction from the world's perspective

Romans 1:18–25 (NIV), John 15:18-21 (NIV), 2 Timothy 3:12 (NIV), Ephesians 6:12 (NIV)

2. There is a race marked out for you that requires perseverance – resilience

- Perseverance in the right direction
- Resilience to get back up when we fall
- A victory at the end
- Learning to be resilient while in training so that we can be resilient in the war
- The race takes us through the discipline of the Lord
- God thinks we need to be pruned (John 15)
- We need to die to our flesh – the world system/culture-- the devil

Hebrews 12:1-5, Matthew 24:9–14 (NIV), Ephesians 2:8–10 (NIV), Proverbs 24:15–17 (NIV)

3. Where does perseverance – resilience come from?

A. The Joy set before Jesus was the final outcome of His suffering – victory is assured – His resurrection accomplishes what He set out to accomplish

John 16:33 (NIV)

B. Remembering others have gone through this and continued on

- Hebrews 11 – the hall of faith

1 Corinthians 10:13 (NIV)

C. Remembering that God sees you personally and has a plan for you – He is with me. He sees me.

- When hard things happen, it does not mean God doesn't see you or care about you or even mad at you

Proverbs 3:11–12 (NIV)

D. Resilience comes from abiding in Christ with Christians

Galatians 6:2 (NIV), Hebrews 3:12–13 (NIV), James 5:16 (NIV)

So many want the finish line but are not running the race track that gets you there – They do not listen to the Lord about the lifestyle it takes to get to the finish line.

Things to Consider:

Overtime Podcast for Parents this week

- Parenting
- Making disciples
- Life Group
- Men's or Women's groups
- Youth group



The Overtime Podcast
bit.ly/RLOverTime



Series Resources
bit.ly/RLcurrentseries



All Resources
Realliferesources.org